MARTIN COUNTY HUMAN SERVICES



MENTAL HEALTH RESOURCE GUIDE

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I. Crisis Hotlines, Helplines, and General Information

2-1-1 Helpline

Phone Number: 2-1-1

Availability & Notes: Provides highly trained resource specialists.

Human Services - Martin County

Phone Number: (772) 288-5786

o Availability & Notes: General local resource line.

New Horizons of the Treasure Coast

Phone Number: (772) 468-3909

Availability & Notes: 24-hour crisis services including mobile response team.

24-hour Free Bilingual Emotional Support HelpLine

Phone Number: 833-848-1762

 Availability & Notes: Trained behavioral health professionals available for stress, trauma, anxiety & grief due to the crisis.

National Suicide Lifeline

Phone Number: 1-800-273-8255

o Availability & Notes: Nationwide crisis support.

Veteran's Crisis Line

Phone Number: 800-273-8255 Press 1

Availability & Notes: For Veterans in crisis.

FL Domestic Violence Hotline

Phone Number: 1-800-621-4202

o Availability & Notes: Support for domestic violence victims.

DCF Abuse Hotline

Phone Number: 1-800-962-2873

Availability & Notes: To report child or vulnerable adult abuse.

Child Help USA National Hotline

Phone Number: 1-800-4-A-CHILD (1-800-422-4453)

 Availability & Notes: Available 24/7, over 170 languages. Helps youth suffering child abuse

Elderly Assistance

Phone Number: 800-96-ELDER (800-963-5337)

Availability & Notes: Assistance for the elderly.

National Human Trafficking Resource Center

Phone Number: 1-888-373-7888 (24/7)

Text: "HELP" or "INFO" to 233733

Availability & Notes: Confidential hotline, available 24/7.

National Sexual Assault Hotline

Phone Number: 1-800-656-HOPE (24/7)

Online Counseling: www.rainn.org

o Availability & Notes: Supports victims of sexual assault, LGBT-inclusive.

National Teen Dating Violence Hotline

Phone Number: 1-866-331-9474

Text: "loveis" 22522

 Availability & Notes: Available 24/7 for questions/concerns about dating relationships.

National Runaway Switchboard

Phone Number: 800-RUNAWAY (786-2929)

Website: www.1800RUNAWAY.org

 Availability & Notes: Available 24/7, confidential hotline supports runaway youth for safety.

Boys Town National Hotline

Phone Number: 800-448-3000

o Availability & Notes: Available 24/7, serving all at-risk teens and children.

Trans Lifeline

Phone Number: U.S. (877) 565-8860

Availability & Notes: Available 24/7, staffed by trans-identified volunteers.

National Eating Disorders Helpline

Phone Number: 1-800-931-2237

 Availability & Notes: Mon.-Thurs. 9:00am – 9:00pm, Fri. 9:00am – 5:00pm (EST).

Gay Lesbian Bisexual Transgender National Help Center

o Phone Number: Youth Talkline: 1-800-246-PRIDE (7743)

 Availability & Notes: Mon-Fri 4pm to 12am ET. Sat 12pm to 5pm ET. Support for LGBT youth.

NAMI HelpLine

Phone Number: 1-800-950-NAMI (6264)

Email: info@nami.org

o Availability & Notes: Monday through Friday, 10 am-6 pm, ET.

NAMI Martin County Resource Line

o **Phone Number:** (772) 285-0967

o Availability & Notes: Local resource line.

Tykes and Teens (General Number)

Phone Number: (772) 220-3439

 Availability & Notes: Provides mental health services for children and adolescents.

Coral Shores Behavioral Health (General Number)

o **Phone Number:** (772) 403-2273

o Availability & Notes: General inquiry number.

II. Inpatient Psychiatric Facilities

Coral Shores Behavioral Health

Address: 5995 SE Community Dr. Stuart, FL 34997

Phone Number: (772) 403-4000Cost: Private | Accepts Insurances

Population Served: Adults | Adolescents 12+

• Services: Inpatient Psychiatric Hospitalization | Partial Hospitalization Program

Lawnwood | Treasure Coast Behavioral Health

• Address: 1860 N Lawnwood Cir, Fort Pierce, FL 34950

• **Phone Number:** (772) 466-1500

Cost: Private | Accepts Insurances | Requires Medical Clearance From Lawnwood's

• Population Served: Adults

• Services: Inpatient Psychiatric Stabilization

New Horizons of the Treasure Coast

Address: 4500 W Midway Rd, Fort Pierce, FL 34981

• **Phone Number:** (772) 468-5600

Cost: Nonprofit Organization | Accepts Insurances & Uninsured | Sliding Fee Scales

• Population Served: Adults | Adolescents | Children

• Services: Inpatient Psychiatric Stabilization | Detox | 28-Day Inpatient Substance Abuse Program | Group Home | Outpatient Services | Medication Assisted Treatment Program | Case Management | Pharmacy

Port Saint Lucie Hospital

Address: 2550 SE Walton Rd, Port Saint Lucie, FL 34952

• **Phone Number:** (772) 335-0400

• Cost: Private | Accepts Medicare | Self-Pay

Population Served: Adults

• **Services:** Inpatient Psychiatric Stabilization | Detox | 28-Day Inpatient Substance Abuse | Partial Hospitalization Program | Medication Assisted Treatment

St. Lucie Medical Center

Address: 1800 SE Tiffany Ave, Port Saint Lucie, FL 34952

• **Phone Number:** (772) 398-3500

 Cost: Private | Accepts Insurances | Requires Medical Clearance From St. Lucie Medical ER

• Population Served: Adults

• **Services:** Inpatient Psychiatric Stabilization | Intensive Outpatient Program | Support Groups

III. Detox Facilities

Banyan Detox (Stuart)

Address: 201 SE Osceola St. Stuart, Florida 34994

• **Phone Number:** (772) 492-4253

Cost: Accepts Private Insurances | Self-Pay

Population Served: Adults

Services: Alcohol Detox | Benzodiazepines Detox | Cocaine Detox | Heroin Detox |
 Methadone Detox | Methamphetamine Detox | Opiate Detox | Prescription Pill Detox |
 Dual Diagnosis Detox

Coastal Detox

Address: 1131 SE Indian St. Stuart, FL 34997

• **Phone Number:** (877) 978-3125

Cost: Accepts Private Insurances | Self-Pay

Population Served: Adults

Services: Alcohol Detox | Heroin Detox | Cocaine Detox | Dual Diagnosis |
 Benzodiazepines Detox | Crack Detox | Crystal Meth Detox | Opiates Detox |
 Painkillers Detox | Treatment for Working Professionals | Executive Treatment Program | Recovery Management Program

Drug Abuse Treatment Association, Inc.

Address: 4590 Selvitz Rd. Fort Pierce, FL 34981

• **Phone Number:** (772) 464-7575

Cost: Nonprofit | Accepts Insurances | Accepts Uninsured | Sliding Fee Scale
 Services: Residential Drug Abuse Treatment Program | Outpatient | In-School

Services

Just Believe Recovery

• Address: 1802 NE Jensen Beach Blvd. Jensen Beach, FL 34957

• **Phone Number**: (877) 813-9235

• Cost: Accepts Private Insurances | Self-Pav

Population Served: Adults

 Services: Heroin Detox | Fentanyl Detox | Benzodiazepine Detox | Methadone Detox | Alcohol Detox | Residential Program | Partial Hospitalization Program with Housing | Aftercare Program

New Horizons of the Treasure Coast

Address: 4500 W Midway Rd. Port Saint Lucie, FL 34981

• **Phone Number**: (772) 468-5600

Cost: Accepts Insurances | Accepts Uninsured | Sliding Fee Scale | Self-Pay

Population Served: Adults

 Services: Marchman Act Receiving Facility | Alcohol Detox | Benzodiazepine Detox | Heroin Detox | Opiate Detox | Residential Program | Medication Assisted Treatment Program

Port St. Lucie Hospital

• Address: 2550 SE Walton Rd. Port Saint Lucie, FL 34952

Phone Number: (772) 335-0400Cost: Accepts Medicare | Self-Pay

• Population Served: Adults

• **Services:** Alcohol Detox | Opiates Detox | Benzodiazepines Detox | Residential

Program

IV. Outpatient Services & Counseling Centers

ADAP Counseling Services (Stuart)

- Address: 959 SE Central Parkway, Stuart, FL 34994
- **Phone Number:** (772) 286-8933
- Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class
- **Population Served:** Adults | Adolescents
- **Services:** Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

ADAP Counseling Services (St. Lucie West)

- Address: 540 NW University Blvd. Suite 104, Port Saint Lucie, FL 34983
- **Phone Number:** (772) 204-9085
- Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class
- Population Served: Adults | Adolescents
- **Services:** Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

ADAP Counseling Services (St. Lucie Blvd)

- Address: 725 SE Port St Lucie Blvd. Suite 201, Port Saint Lucie, FL 34984
- **Phone Number:** (772) 204-9085
- Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class
- Population Served: Adults | Adolescents
- Services: Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

ADAP Counseling Services (Virginia, Fort Pierce)

- Address: 800 Virginia Ave. Suite 11, Fort Pierce, FL 34982
- **Phone Number:** (772) 466-4328
- Cost: Self-Pay | \$80 Evaluation | \$50 Individuals | \$30-\$35 Groups | \$300 Anger Management Class | \$100 Mental Health Evaluation | \$75 Theft Abatement Class
- Population Served: Adults | Adolescents
- **Services:** Substance Abuse Counseling | Mental Health Counseling | Batterer Intervention Program | Anger Management Classes | Theft Abatement Program | Individual & Family Counseling | Group Therapy | Aftercare Group

Andi's Integrated Healthcare

- Address: 306 SE Florida Ave. Stuart, FL 34994
- **Phone Number:** (772) 742-2111

Cost: Accepts Insurances | Self-Pay

• **Population Served:** Adults

• Services: Medication Management | Counseling Services

Catholic Charities

Contact: Counseling@CCDPB.org

• **Phone Number:** 844-848-6777 (General) | 561-702-8265 (Office Number)

 Address: Catholic Charities, Diocese of Palm Beach 100 W 20th Street, Riviera Beach, FL 33404

Cost: Providing free individual and group counseling

Chrysalis Center

Address: 725 SE Port St Lucie Blvd, Port Saint Lucie, FL 34984

Phone Number: (772) 249-5262Cost: Accepts Insurances | Self-Pay

• Population Served: Adults | Adolescents | Children

• **Services:** Medication Management | Individual Counseling | Family Counseling | On-Site Counseling | Case Management

Counseling Centre of Stuart, Kevin Braley LLC

Address: 828 SW Palm City Rd. Stuart, FL 34994

Phone Number: (772) 286-4613Cost: Accepts Private Insurances

• Population Served: Adults

• Services: Individual Counseling | Marriage Counseling | Family Counseling

Helping People Succeed

• Address: 1601 NE Braille Pl Jensen Beach, FL 34957

Phone Number: (772) 320-0770Cost: Accepts Insurance | Self-Pay

• Population Served: Adults with Disabilities | Adolescents | Children

 Services: BRAIN Program for Newborn Children | Developmental Intervention Services (Ages 0-3) | Pre-K Behavioral Support Programs (Ages 2-5) | Infant & Toddler Social-Communication Program (Ages 0-3) | Parent-Child Classes (Ages 3-48 Months) | Autism Services | Children's Community Mental Health Program | Medication Management | Case Management | Mental Health Counseling | Community Inclusion Program for Disabled Adults

Legacy Behavioral Health (Indiantown)

Address: 15818 SW Warfield Blvd. Indiantown, FL 34956

• Phone Number: (772) 597-0411

Cost: Accepts Insurances | Covers Uninsured Adults & Children

• Population Served: Adults | Adolescents | Children

Services: Medication Management | Psychological Testing | Individual Therapy |
 Couples Therapy | Family Therapy | Group Therapy | Parenting Skills Classes | Anger

Management | On-Site Services – Schools, Shelters, Foster Homes & Daycare Centers | Case Management

Legacy Behavioral Health (Port St. Lucie)

- Address: 518 S.W. Prima Vista Blvd. Port Saint Lucie, FL 34983
- **Phone Number:** (772) 873-8811
- Cost: Accepts Insurances | Covers Uninsured Adults & Children
- Population Served: Adults | Adolescents | Children
- Services: Medication Management | Psychological Testing | Individual Therapy |
 Couples Therapy | Family Therapy | Group Therapy | Parenting Skills Classes | Anger
 Management | On-Site Services Schools, Shelters, Foster Homes & Daycare
 Centers | Case Management

New Horizons of the Treasure Coast (Midway)

- Address: 4500 W Midway Rd. Port Saint Lucie, FL 34981
- **Phone Number:** (772) 468-5600
- Cost: Nonprofit | Accepts Insurances | Sliding Fee Scale | Self-Pay | Covers Uninsured
- Population Served: Adults | Adolescents | Children
- Services: Medication Management | Individual Therapy | Family Therapy | Community Therapist | Injection Clinic | Case Management | Medication Assisted Treatment | Peer Support Specialist | Pharmacy | Primary Care Services | Psychosocial Rehabilitation Classes | Mobile Crisis Unit | Family Intervention Team | Student Assistance Program | In-Jail Case Management

New Horizons of the Treasure Coast (Stuart)

- Address: 1111 SE Federal Hwy #230, Stuart, FL 34994
- **Phone Number:** (772) 221-4088
- Cost: Nonprofit | Accepts Insurances | Sliding Fee Scale | Self-Pay | Covers Uninsured
- Population Served: Adults | Adolescents | Children
- **Services:** Medication Management | Individual Therapy | Substance Abuse Counseling | Case Management | Injection Clinic | Psychosocial Rehabilitation Classes | In-Jail Case Management

New Horizons of the Treasure Coast (709)

- Address: 709 S 5th St. Fort Pierce, FL 34950
- **Phone Number:** (772) 468-5610
- Cost: Nonprofit | Accepts Insurances | Sliding Fee Scale | Self-Pay | Covers Uninsured
- Population Served: Adults
- **Services:** Medication Management | Counseling | Injection Clinic | Case Management | Forensic Specialists

Project Lift

Address: 1330 SW 34th St, Palm City, FL 34990

- **Phone Number:** (772) 221-2244
- Cost: Nonprofit | Free of Charge for Boys & Girls Program | Self-Pay
- **Population Served:** Adolescents (Ages 14-19)
- Services: Counseling Services | Vocational Programs | Girls' Program | Boys' Program

Riverview Community Mental Health (Stuart)

- Address: 865 SE Monterey Commons Blvd. Stuart, FL 34996
- **Phone Number:** (772) 266-4713
- Cost: Accepts Insurance
- Population Served: Adults | Adolescents | Children
- **Services:** Medication Management | Individual Therapy | Transcranial Magnetic Stimulation Therapy | Family Therapy | Addiction Counseling

Riverview Community Mental Health (Port St. Lucie)

- Address: 451 SW Bethany Dr. Suite #103, Port Saint Lucie, FL 34986
- **Phone Number:** (772) 301-1354
- Cost: Accepts Insurance
- Population Served: Adults | Adolescents | Children
- **Services:** Medication Management | Individual Therapy | Transcranial Magnetic Stimulation Therapy | Family Therapy | Addiction Counseling

SequelCare Youth & Family Services

- Address: 567 NW Lake Whitney Place, #101, Port Saint Lucie, FL 34986
- Phone Number: (772) 337-8164
- Cost: Accepts Insurances | Self-Pay | Sliding Fee Scales
- Population Served: Adults | Adolescents | Children
- Services: Medication Management | Individual Therapy | Group Therapy | Family Therapy | On-Site Services | Case Management | Specialized Foster Homes for Children with Mental Health or Behavioral Problems (Ages 1-17) | Behavior Analysis Program | Residential Program for Delinquent Boys in Pompano Beach (Ages 13-18) | Youth Academy Treatment Facility in Palm Beach County referred by the Department of Juvenile Justices (Ages 15-21)

Shanlis, Inc. (Stuart)

- Address: 744 Colorado Ave, Stuart, FL 34994
- **Phone Number:** (772) 223-9988
- Cost: Accepts Insurances | Self-Pay
- Population Served: Adults | Adolescents
- **Services:** Forensic Evaluations | Psychodiagnostic Testing | Expert Witness Reports | Expert Witness Testimony | Neuropsychological Evaluation | Psychosexual Services

Shanlis, Inc. (Fort Pierce)

- Address: 2506-A Acorn St. Fort Pierce, FL 34947
- **Phone Number:** (772) 223-9988
- Cost: Accepts Insurances | Self-Pay

- Population Served: Adults | Adolescents
- **Services:** Forensic Evaluations | Psychodiagnostic Testing | Expert Witness Reports | Expert Witness Testimony | Neuropsychological Evaluation | Psychosexual Services

Suncoast Mental Health Center (Stuart)

- Address: 850 NW Federal Hwy. Suite #125 Stuart, FL 34994
- **Phone Number:** (772) 221-8585
- Cost: Nonprofit | Accepts Insurances | Accepts Uninsured | Sliding Fee Scale
- **Population Served:** Adolescents | Children
- **Services:** Medication Management | Individual Counseling | Family Counseling | On-Site Services | Case Management | Family Benefits Coordinator

Suncoast Mental Health Center (Fort Pierce)

- Address: 2222 Colonial Rd. Suite #100. Fort Pierce, FL 34950
- **Phone Number:** (772) 489-4726
- Cost: Nonprofit | Accepts Insurances | Accepts Uninsured | Sliding Fee Scale
- Population Served: Adolescents | Children
- **Services**: Medication Management | Individual Counseling | Family Counseling | On-Site Services | Case Management | Family Benefits Coordinator

The ARC of Martin County

- Address: 2001 S Kanner Hwy, Stuart, FL 34994
- **Phone Number:** (772) 283-2525
- Cost: Accepts Insurance
- Population Served: Adults with Disabilities | Adolescents | Children
- **Services**: Behavioral Health Services | Community Inclusion Services | Transportation | Adult Training Program | Supported Living Program | Residential Program | Family Counseling

The B&K Counseling Center

- Address: 2136 N Us Highway 1, Fort Pierce, FL 34946
- **Phone Number:** (772) 465-3171
- Cost: Self-Pay
- Population Served: Adults | Adolescents
- Services: Individual Therapy | Addiction Counseling | Psychosexual Counseling

Treasure Coast Counseling Center

- Address: 895 NE Jensen Beach Blvd. Jensen Beach, FL 34957
- **Phone Number:** (772) 335-9808
- Cost: Accepts Insurance | Self-Pay
- Population Served: Adults
- **Services:** Mental Health Counseling | Addiction Counseling | Canine Support Services

Tykes & Teens (Palm City)

• Address: 3577 SW Corporate Parkway, Palm City, FL 34990

- **Phone Number:** (772) 220-3439
- Cost: Nonprofit | Accepts Insurance | Sliding Fee Scale | Self-Pay
- Population Served: Adolescents | Children
- Services: Mental Health Counseling | Family Counseling | On-Site Services |
 Dialectical Behavior Therapy Group | Eating Disorders Treatment | LGBT Support
 Group | Addiction Counseling | Family Abuse Treatment Program | Case Management

Tykes & Teens (Port St. Lucie)

- Address: 451 SW Bethany Dr. Suite #101, Port St. Lucie, FL 34986
- **Phone Number:** (772) 220-3439
- Cost: Nonprofit | Accepts Insurance | Sliding Fee Scale | Self-Pay
- Population Served: Adolescents | Children
- Services: Mental Health Counseling | Family Counseling | On-Site Services |
 Dialectical Behavior Therapy Group | Eating Disorders Treatment | LGBT Support
 Group | Addiction Counseling | Family Abuse Treatment Program | Case Management

Tykes & Teens (Hobe Sound)

- Address: 8142 SE Federal Hwy. Hobe Sound, FL 33455
- **Phone Number:** (772) 220-3439
- Cost: Nonprofit | Accepts Insurance | Sliding Fee Scale | Self-Pay
- Population Served: Adolescents | Children
- Services: Mental Health Counseling | Family Counseling | On-Site Services |
 Dialectical Behavior Therapy Group | Eating Disorders Treatment | LGBT Support
 Group | Addiction Counseling | Family Abuse Treatment Program | Case Management

V. Intensive Outpatient (IOP) & Partial Hospitalization Programs (PHP)

Essentials Recovery (IOP)

Address: 1607 NW Federal Highway, Stuart, FL 34994

Phone Number: (772) 266-5212Cost: Accepts Insurance | Self-Pay

• Days & Times: Monday-Friday 10AM-1PM or 6PM-9PM

Just Believe Recovery Center (PHP)

Address: 1802 NE Jensen Beach Blvd. Jensen Beach, FL 34957

Phone Number: (877) 813-9235Cost: Accepts Insurance | Self-Pay

• Services: Partial Hospitalization Program with Housing

Port St. Lucie Hospital (PHP)

Address: 2550 SE Walton Rd. Port Saint Lucie, FL 34952

• **Phone Number:** (772) 335-0400

• Cost: Accepts Medicare

Days & Times: Monday-Friday 8:30AM-1:30PM

Recovery by the Sea (IOP)

Address: 2801 SE Martin Square Corporate Pwky. Stuart, FL 34994

• **Phone Number:** (877) 207-5033

• Days & Times: Mondays, Wednesdays & Fridays 9AM-12PM or 6PM-9PM

Recovery by the Sea (PHP)

Address: 2801 SE Martin Square Corporate Pwky. Stuart, FL 34994

• Phone Number: (877) 207-5033

Cost: Accepts Insurance

• Services: Partial Hospitalization Program with Housing

Saint Lucie Medical (IOP)

• Address: 1800 SE Tiffany Ave. Port Saint Lucie, FL 34952

• **Phone Number:** (772) 398-1620

• Cost: Accepts Insurance

Days & Times: Mondays, Wednesdays & Thursdays 9AM-12PM

Second Chance Mental Health (PHP)

Address: 1541 SE Port St. Lucie Blvd #F, Port Saint Lucie, FL 34952

• **Phone Number:** (772) 335-0166

• Cost: Accepts Medicaid | Offers Scholarships

• Days & Times: Monday-Friday 9AM-1PM

Serenity Counseling (IOP)

Address: 500 NW Dixie Hwy. Stuart, FL 34994
 Phone Number: (772) 692-8585

• Cost: Accepts Insurance | Self-Pay

VI. Support Groups

Saint Lucie Medical Mental Health Support Group

• Address: 1701 SE Hillmoor Dr. Port Saint Lucie, FL 34952

• Date & Time: Tuesdays from 5:30PM to 6:30PM

• **Phone Number:** (772) 398-1620

Recovery Support Group

• Address: 701 SE Ocean Blvd. Room #2. Stuart, FL 34994

• Date & Time: Wednesdays from 6:30PM-8PM

• Phone Number: (772) 285-0967

Family & Friends Support Group

• Address: 701 SE Ocean Blvd. Room #2. Stuart, FL 34994

• Date & Time: 1st & 3rd Monday from 6PM to 7PM

• **Phone Number:** (772) 285-0967

Harbor Network

• Address: 618 SE Central Parkway. Stuart, FL 34994

Date & Time: Daily | Call for TimesPhone Number: (772) 287-4545